



Our Mission: We Change Lives!

Our Values: Advocacy, Passion, Operational Excellence, Teamwork, Clinical Commitment, and Professional Development



We work in partnership with families to design customized autism treatment programs. Our programs are rooted in the principles and science of Applied Behavior Analysis (ABA) therapy.

EVALUATION & DIAGNOSIS

Obtaining the proper diagnosis is the first step to helping a child with autism. Our diagnostic evaluation and results becomes the starting point for the development of a customized treatment plan.

CUSTOMIZED TREATMENT PLAN

Every Caravel Autism Health treatment plan is personalized to the child we're helping. We develop treatment plans for children ages 2 through 18.

SOCIAL SKILLS TRAINING

Caravel Autism Health also offers social skills training. Designed as fun, interactive experiences, we teach social skills and encourage children to interact with their siblings and peers through role play, arranged play dates, and community outings.

Where we serve

Our clinics in IL are located in:

Deerfield

Lincoln Park

Naperville

Schaum burg

We provide treatment in the home in the following counties: Cook County Dupage County Kane County Lake County Will County Contact us today! www.caravelautism.com 844-583-5437



We're Hiring

Whether you're just getting into the ABA field or you have your BCBA and are ready for your next challenge, we are always looking for passionate individuals to join our team! Current openings can be found on our website.

Don't see an opening inyour area?

Please contact Amber Feldkamp afeldkamp@caravelautism.com.

2019 Annual Conference



MARCH 21 & 22 2019

Springfield, Illinois



BONUS

possibilities!



and BONUS

OPPORTUNITIES!

an Invo Company

Contact me today for a full list of benefits and opportunities!

AutismHomeSupport.com/job-openings

Johna Sommer, Senior Recruiter 847-404-3535 isommer@autismhomesupport.com **Board of Directors**

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Congratulations to our newly elected Board members!

Scott Herbst, Interim President Jen Frakes, President-Elect Veronica Glickman, Operations Coordinator-Elect Brandi Walton, Student Representative

Results of the Member at Large run-off election will be announced at the business meeting!

Mission

The Illinois Association for Behavior Analysis (ILABA) has been established to provide a forum for behavior analysts in the state of Illinois to stay up to date on legislative issues as they apply to our field as well as to offer continuing education and advocacy for ABA practitioners throughout our state.

Special thanks to all our sponsors! Be sure to visit their booths in the Prairie Room!

Gold

Autism Home Support Services Caravel Autism Health

Silver

ABA of Illinois
Behavioral Perspective
Cornerstones of Illinois
The Chicago School of Professional Psychology
Total Spectrum
Trinity Services, Inc.

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Aurora University
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Gorbold Behavioral Consulting
Illinois Autism Insurance Coalition
National Louis University
QBS, Inc
Spring Health
Trumpet Behavioral Health

Schedule at a Glance:

Thursday March 21

2:30 PM: Registration Opens
4:00-6:50pm: Workshop – Illinois Room
Essential for Living: Teaching Functional Life Skills to Children and
Adults with Moderate-to-Severe and Profound Disabilities
(Aaron Check, MS, BCBA; 3 Type II CEs)
7:00-9:00pm: Poster Session & Social- Prairie Room

Friday March 22

7:00am: Registration Opens
All conference presentations will take place in the Illinois Room.
Refreshments will be available throughout the day in the Prairie Room.

8:00-8:50am: Keynote: Deconstructing the Black Box: Making Sense of Gang Violence in Chicago. (Rob Aspholm, Ph.D.; 1 CE)
9:00-9:50am: 10 Tips for Effective Collaboration: Strategies for Consulting with Parents and Teachers
(Sasha Long, MA, BCBA; 1 Ethics CE)
10:00-10:50am: The Importance of Behavioral Research for Zoo Animal Welfare (Lance Miller, Ph.D.; 1 CE)

11:00-11:30am: Business Meeting (Open to all members) **11:30-12:30pm**: Lunch on your own

12:30-1:20pm: Adulting is Hard: How to Help Support Young Adults in Preparing for Day Program and Group Home Settings (*Erin Abell, MS, BCBA; 1 CE*)

1:30-2:20pm: Pediatric Feeding Problems: Advances in Research and Clinical Practice (Jonathan K. Fernand, Ph.D., BCBA-D; 1 CE)
2:30-3:20pm: The Impact of Changing Social Systems on Behavioral Practice: Overcoming Barriers to Providing Socially Valid Behavioral Interventions (Traci Cihon, Ph.D., BCBA-D; 1 CE)
3:30-4:20pm: President's Address (Scott Herbst, Ph.D., BCBA-D, 1 CE)

Pre-Conference Workshop

Essential for Living: Teaching Functional Life Skills to Children and Adults with Moderate-to-Severe and Profound Disabilities Aaron Check, MS, BCBA

(3 CEs)

In this three-hour workshop, participants will be introduced to *Essential for Living*, a Communication, Behavior, and Functional Skills Curriculum, Assessment, and Professional Practitioner's Handbook. Participants will learn to: 1) select functional skills for children and adults with very limited skill repertoires or multiple disabilities, and develop functional IEPs and ISPs using the quick assessment and emphasizing the Essential 8 skills; 2) select an appropriate and/or alternative method of speaking for their learner; and, 3) measure, document, and track small increments of learner progress with respect to functional skills and problem behavior.

Aaron Check, MS, BCBA received his B.S. in Child Psychology with a minor in Youth Studies from the University of Minnesota in 2006. After graduating, he worked with *Essential for Living* co-author Troy Fry in a clinical setting in Minneapolis implementing Applied Behavior Analysis for the treatment of children with Autism. In 2008 he moved to Columbia, South Carolina where he continued to work in clinical and home settings while completing a Master's Degree and earning Board Certification in 2011. In addition to working for Patrick McGreevy, Ph.D., P.A. and Associates with *Essential for Living*, he currently practices in Charleston, South Carolina contracting with school districts and providing in-home services for children and adults.







Presidential Address What are you doing with your life? Relational Frames, the Trap of Humanity, and Committed Action (1 CE)

Scott Herbst, Ph.D., BCBA

Sponsored by Autism Home Support Services

The last thing any of us needs at the end of a long day of watching talks is to see is another talk on Relational Frame Theory (RFT) that tells you the three basic features, explains what the terms mean, and then points to all the empirical evidence that supports the theory.

Rather than do that, this address is intended to give you access to something. The intention is that you discover something for yourself about yourself and that discovery leaves you with an expanded capacity for taking the actions that are going to move toward the fulfillment of what really matters to you.

As humans, our access to discoveries like this is language. RFT provides a way of understanding the profound impact our language of behavior has on our experience of the world and our actions in it. In this address we'll look at how our language shapes our view of reality, provide an RFT account of how that works, and offer some practices for interrupting our habitual ways of looking at things. We'll do that in the context of the future of Behavior Analysis in the State of Illinois.

Finally, this address will ask you to look at your view of the practice of behavior analysis and your place in it. Then, you'll have the opportunity to consider a new view and take some new actions from that view.

Dr. Herbst is the founder and president of SixFlex Training & Consulting, a company that helps small and medium sized businesses apply behavioral science to workforce engagement and organizational performance. He's authored numerous empirical and theoretical articles in the areas of organizational behavior management, culture, Relational Frame Theory (RFT), and Acceptance and Commitment Therapy (ACT). Scott is on the editorial boards of the Journal of Organizational Behavior Management and Behavior and Social Issues.

Expectations of Conduct

ILABA welcomes individuals of every background, race, nationality, ethnic group, sexual orientation, gender, class, religion, ability level, educational level, and age. ILABA opposes all forms of unfair discrimination. Conference attendees are expected to comport themselves in a professional, respectful, and ethical manner at all times and a failure to do so may result in dismissal from the conference, at the discretion of the Board, without refund. (Adopted from the ABAI Diversity Policy.)

Photo Release Policy

Registrants acknowledge that, while attending this ILABA event, they may be photographed by an ILABA-approved photographer. In registering and attending this event, you grant ILABA permission to use your likeness in photograph(s) in any and all of its publications and in any and all other media, whether now known or hereafter existing, controlled by ILABA, in perpetuity, and for other use by the Association. Registrants agree to make no monetary or other claim against ILABA for the use of the photograph(s).

Conference Amenities

Conference Center 1 is available as a **nursing room** throughout the duration of the workshop, social, and conference. Keys are available at the conference registration desk. A live stream of the presentations will be available in the nursing room so you can still watch all of the presentations and earn CEs.

Need a quiet space to take a phone call, meet with someone, or just take a break? **Conference Center 4** is available and freely accessible throughout the duration of workshop, social, and conference.

Complimentary **WiFi Access** is throughout the duration of the workshop, social, and conference. Network names will vary based on the meeting room; the password for all meeting room networks is **Wcc2017!**



Gorbold Behavioral Consulting, Inc

helping transform live:

Poster Session

BFSR Matrix Project: Conceptual Framework and Current Implementations. ABAI BFSR SIG Planners Jose Ardila, Kendra Combs, Molli Luke, Mark Mattaini, Richard Rakos & Holly Seniuk

The Use of Behavior Skills Training to Train Caregivers to Implement a Sexual Education Program for Adults with an Intellectual Disability. Danielle Walters & Dr. Jansz-Ricken

Preferences and Performance Measures: Evaluating the Effects of Preference Assessment Methods and Reinforcer Delivery on Behavioral Staff Performance. Shazeen Ahmad, Stephanie Gorbold, Danika McGandy & Myra Bertling

Embedded Intervention and Caregiver Coaching. Antonela Ciupe

The use of modified behavioral skills training to teach staff implementation of reinforcement procedures. Rebecca Duncan & Jennifer Zosel

The Effects of Playing the Same Opponents Back-to-Back vs. Playing Novel Opponents on Decisions Made During a Game. Danielle Willis, Jessica Gamba & Jennifer Klapatch Totsch

Effects of Direct Training and Meeting Cancellation Contingencies on Treatment Integrity of Staff in an ABA Therapy Clinic Setting. Elise M. Johnson, Stephen F. Walker, Jonathan K. Fernand & Kelsey L. Myers

The Effects of Definition-Based Versus Multiple Exemplar Training on Learning Concepts Related to Applied Behavior Analysis. Simone McKenzie, Jessica Gamba & Jennifer Klapatch-Totsch

The Effects of Pre-session Pairing on Escape-maintained Behaviors and Academic Responding for Children with Autism: An Extension. Melanie Kuczek, Shannon Ormandy & Jamine Dettmering

Effectiveness of Relational Training and Traditional Applied Behavior Analysis on Outcomes of Intelligence in Randomized Controlled Trials for Children with Autism. Becky F. Barronx Rebecca Seward, Lily Helleny, Dana Paliliunas & Mark Dixon

SIU's Center for Autism Spectrum Disorders: Creating Leaders in the Field of Autism Spectrum Disorders. Callie Gilsenan, Jasmin Weaver, Becky Barron, Ruth Anne Rehfeldt & Mark Dixon





Invited Presentation

The Impact of Changing Social Systems on Behavioral Practice: Overcoming Barriers to Providing Socially Valid Behavioral Interventions (1 CE)

Traci Cihon, PhD BCBA-D

The rise in popularity (for good reason of course) of interventions based on behavior analytic principles for individuals with autism has changed the contingencies for those who provide the behavioral interventions for individuals with autism. A number of practices and regulations have been established, new systems and organizations (e.g., the licensing boards and certifying organizations, university-based training programs in behavior analysis and related disciplines) have been created, and behavior analysts find themselves interacting with more and different social systems (e.g., economic, education, health care) than before. Many of these practices and regulations, systems and organizations, and interactions with different social systems have come about due to the need to process increasing numbers of clients who are being served or increasing numbers of those providing/coordinating the service provision. The practices and regulations as well as new systems and organizations are organizing different contingencies for our behavior, in some cases serving a strengthening, an evocative, or even a selective function. For example, they set the occasion for individual behaviors to be reinforced (or not) or punished, they restrict the repertoire of potential responses that are likely to be emitted, and they condition or perhaps make different classes of reinforcers more available. Each of us – practitioner, scientist-practitioner, student, researcher, professor – should be engaging in the complex contingency analyses that elucidate how these practices and regulations affect our behaviors with respect to our contributions to our science, our discipline, our research, our practice, and most importantly to the education and training of behavior analysts in order to ensure that we are engaging in a scientific approach to socially valid behavior change.

Dr. Cihon is an Associate Professor in the Department of Behavior Analysis, University of North Texas. She received her MA from the University of Nevada-Reno and completed her PhD at The Ohio State University. Dr. Cihon has worked internationally in clinical and academic settings. Recently, Dr. Cihon has led several classroom-, clinical-, and research-based initiatives that explore the ideations of global citizenship, internationalization of the curriculum and institution and study abroad in the context of interdisciplinary learning communities. Dr. Cihon is the current chair for the TxABA Behaviorists for Social Responsibility SIG. She serves on the editorial boards The Analysis of Verbal Behavior, the American Annals of the Deaf, and Behavior and Social Issues.



ILABA is committed to improving the presence of Behavior Analysis in the state of Illinois. By becoming a Sustaining Agency, you are supporting our mission and current critical efforts including obtaining licensure, educating fellow providers, advocacy in the State, and outreach.

Below are recommendations for your valuesbased contribution. Determine your contribution based on the value you find in the work we do. Contributions must be a ninimum of \$100 to become a Sustaining Agency, which are not tax deductible.

Suggested contributions are based on the number of people an agency
1-10 \$100 employs: 51-100 \$1,000
11-18 \$200 101-200 \$1,500
19-25 \$300 201-400 \$2,000
26-50 \$500 401+ \$3,000

VISIT: HTTP://WWW.ILABA.ORG/SUPPORT/

Morning Session

Keynote Address Deconstructing the Black Box: Making Sense of Gang Violence in Chicago (1 CE)

Rob Aspholm, Ph.D.

Sponsored by Caravel Autism Health

Chicago has reclaimed a central place in national discourse and pop culture in recent years for its infamous street gang problem and persistently high levels of violence. These issues have confounded local elected officials and law enforcement, who have been unable to formulate effective policy responses, and levels of homicide in the city have skyrocketed far beyond their generally elevated rates over the last several years. The nature of these public responses betrays a misunderstanding of the nature of gangs and violence in Chicago today, which is markedly different than in past decades. This presentation traces the shattering of African American street gangs on Chicago's South Side and their radical reconstitution since the dawn of the millennium, a transformation that has reshaped the nature of gang violence in fundamental ways. An understanding of contemporary gang organization and violence dynamics is crucial to making sense of the failure of highly touted "universal" violence prevention models to reduce levels of violence in the city in recent years as well as to fashioning a more effective response to these issues.

Dr. Aspholm is an Assistant Professor in the Department of Social Work at Southern Illinois University, Edwardsville. His book on street gangs and violence in Chicago, *Views from the Streets: Gangs, History, and Resistance on the South Side of Chicago*, will be published by Columbia University Press in the Fall of 2019. Rob is currently working on a violence prevention project in East St. Louis, the murder capital of the United States. He lives in St. Louis with his wife and two daughters.





Trinity is grateful for its wonderful team of BAs. Enjoy your time in Springfield and learn a lot (i.e. stay awake).

Invited Presentation Pediatric Feeding Problems: Advances in Research and Clinical Practice (1 CE)

Ionathan K. Fernand, Ph.D. BCBA-D

Pediatric feeding problems can occur in upwards of 45% of typically developing children and 90% of children with developmental disabilities. Although there are many long-term negative outcomes of a feeding problem (e.g., malnutrition), many individuals with feeding difficulties display an increased occurrence of inappropriate mealtime behavior (e.g., aggression, disruption) which contributes to increased family stress in the short term. Behavior-analytic assessment and treatment procedures, especially those relying on escape extinction (e.g., nonremoval of the spoon), have been shown to be highly efficacious approaches to treating feeding problems (Volkert & Piazza, 2012). The current talk will provide an overview of feeding difficulties including ethical considerations prior to implementing treatment as well as research on promoting consumption of healthier foods, assessment and treatment evaluations, and extending treatment outcomes to caregivers.

Dr. Fernand received his M.A. from the California State University, Sacramento under the advisement of Dr. Becky Penrod in 2012 and his Ph.D. from the University of Florida under the advisement of Dr. Timothy Vollmer in 2017. Jonathan is currently an Assistant Professor at Aurora University. He has served as a reviewer for several journals including the *Journal of Applied Behavior Analysis, Behavior Analysis in Practice, Behavior & Philosophy,* and *The Analysis of Verbal Behavior.* Jonathan has presented at regional, national, and international conferences as well as published several articles and book chapters pertaining to a range of topics including the assessment and treatment of pediatric feeding problems, treatment of rigid and inflexible behavior in individuals with developmental disabilities, as well as assessing preference for stimuli and learning in animals.





Morning Session

Invited Presentation 10 Tips for Effective Collaboration: Strategies for Consulting with Parents and Teachers (1 Ethics CE)

Sasha Long, MA, BCBA

In the world of consulting, developing an effective and conceptually systematic behavior plan is only half the battle. Having staff or parents accurately and consistently implement the plan will determine program success. Time, resources, and staff participation are big obstacles facing effective consultations. In this session, learn 10 actionable strategies for developing collaborative consultative relationships that lead to better follow through on behavioral programs. These strategies are not only real world based but also aligned to the BACB's ethical guidelines. Each tip is supported by a specific guideline.

Sasha is the founder and president of The Autism Helper, Inc. She is a board-certified behavior analyst and certified special education teacher. After ten years of teaching in a self-contained special education classroom, Sasha now works full time as a consultant, writer, and behavior analyst. Sasha manages and writes The Autism Helper Blog as a way to share easy to use and ready to implement strategies and ideas. Sasha also travels internationally as a speaker and consultant providing individualized training and feedback to parents, educators, therapists and administrators in the world of autism.





Invited Presentation Adulting is Hard: How to Help Support Young Adults in Preparing for Day Program and Group Home Settings (1 CE)

Erin Abell, MS, BCBA

Adulthood can be a tough. Adulthood for an individual with an intellectual/developmental disability may be tougher. We can help better prepare our younger clients through the transition into adult group homes and day programs by teaching proper advocacy and problem solving skills, along with adequate daily living and social skills. By doing so, we can help the individual access more reinforcement from their peers and support staff and help reduce anxiety or potential maladaptive behaviors that may emerge. Navigating the transition can be challenging; however, by arranging contingencies in the natural environment we can help better prepare our clients for the next phase of their lives- adulthood.

Erin received her undergraduate degree in Human and Educational Services from Illinois State University and has a Master's Degree in Applied Behavior Analysis from The Chicago School of Professional Psychology. Erin works as a behavior analyst at Garden Center Services, where she supports adults with developmental and intellectual disabilities in both day program and CILA/ICF settings. She previously has served as an adjunct faculty in the department of Applied Behavior Analysis at The Chicago School of Professional Psychology, where she instructed practicum students on merging concepts learned in their coursework with their applied experiences.





MISSION

Our mission at Cornerstones Autism Services is to individualize and offer effective treatment for all the clients we serve.

ABOUT US

We provide in-home, community, and/or school therapy services to children as young as two years old, through transition into daulthood. Our team of specialists include Board Certified Behavior Analysts (BCBAs), Behavior Therapists, Registered Behavior Technicians, and Licensed Clinical Social Workers (LCSWs). Cornerstones believes a vital part of Applied Behavior Analysis (ABA) therapy encompasses direct supervision every week by a BCBA. These weekly visits concentrate on providing on-site training, updating therapeutic programming, reviewing data and tracking procedures. We also encourage family support by integrating monthly parent training and parent meetings, which allows you to regularly review your child's progress and track qoals towards their growth.

SERVICES

- In-Home ABA Therapy for Children with Autism and othe Developmental Disabilities
- ABA Therapy within School and/or Daycare Settings
- School and IEP Consultation
- Behavior Support Planning
- * Natural Environment Teaching
- * Social Skills Training
- * Parent Training
- Monthly Parent Meeting:
- Sleep Training
- Introduction of New Foods
- ♣ Intensive Communication Training
 ♣ Reducing Problematic Behavior
- * Regulating Emotions
- * Executive Skills Functioning



855.855.2712 / www.cornerstonesil.com / info@cornerstonesil.com

Morning Session

Invited Presentation The Importance of Behavioral Research for Zoo Animal Welfare (1 CE)

Lance Miller, Ph.D.

As professionals in the zoological industry we have an ethical responsibility to ensure high levels of welfare for the animals under our care. One of the many tools that we can use to help understand the current level of welfare for animals is by studying their behavior. The presentation will highlight many different examples of how animal behavior has been utilized to understand the welfare of animals including behavioral monitoring and preference assessments. The presentation will also highlight some of the new technology being utilized within zoos and aquariums to automate how we can collect large amounts of behavioral data on animals. Through behavioral research, combined with many other indicators of animal welfare, scientists can work with animal care and veterinary staff to make informed management decisions to ensure all animals have the opportunity to thrive.

Dr. Miller is the Vice President of Conservation Science and Animal Welfare Research, received his graduate training in Experimental Psychology from the University of Southern Mississippi. Previously, he held positions as a Research Manager at Disney's Animal Kingdom and Scientist for the San Diego Zoo Institute for Conservation Research. Dr. Miller focuses on animal welfare to help ensure that each individual animal within zoological facilities is thriving. He is currently a member of the Association of Zoos and Aquariums (AZA) Research and Technology Committee, Chair of the AZA Animal Welfare Committee, and a steering committee member for the AZA Behavioral Scientific Advisory Group.



